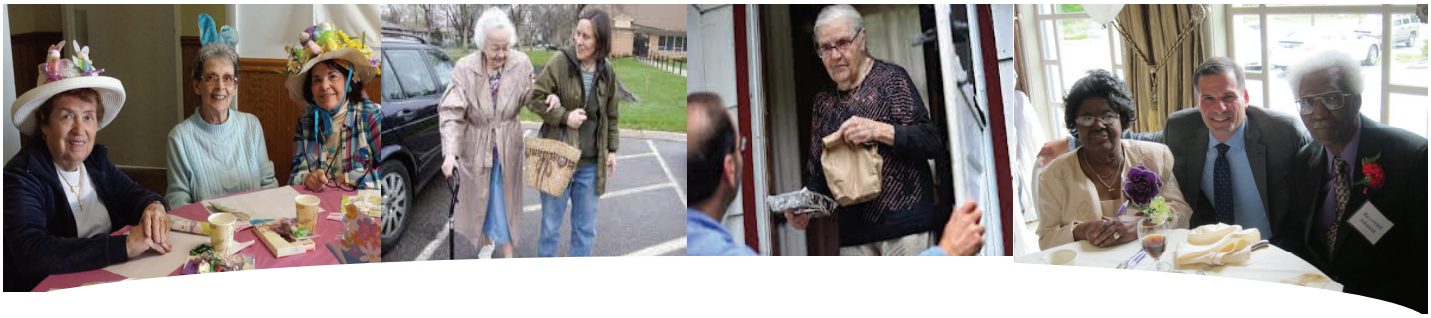

Mission Statement

The Dutchess County Office for the Aging/DUTCHESS NY Connects plans, coordinates and provides an array of community based services to the elderly and persons who require assistance in the long term care system, in an effort to promote independence, dignity and quality of life.

Through its distinctive role of committed advocate and community partner, the agency strives to ensure clients' needs will continue to be met now and in the future.

Dutchess County Office for the Aging 2016-17 Annual Implementation Plan

Abstract

Each year as part of its planning process, the Dutchess County Office for the Aging and its Advisory Board conduct public hearings to obtain comments on services and service needs for senior citizens and their caregivers. This publication provides a summary of current services and plans for 2016-17.

We welcome your input and questions. Feel free to contact us at 845-486-2555, in writing at 27 High Street, Poughkeepsie, NY, 12601 or visit our website: *http://www.dutchessny.gov/*

2015 Public Hearings Schedule

Wednesday, September 9th 11 AM
Rhinebeck Senior Friendship Center
Church of the Good Shepherd
3 Mulberry Street
Rhinebeck

Thursday, September 17th 11 AM
East Fishkill Senior Friendship Center
Community Center
890 Route 82, Hopewell Junction

All Public Hearing locations are handicapped accessible. Persons requiring special accommodations in order to take part in the Public Hearings should contact the Dutchess County Office for the Aging no later than two weeks prior to the scheduled event.

Services Provided

A variety of services are provided by the Office for the Aging, both directly and through subcontracts with local providers. Below is a listing of services delivered between April 1, 2014 and March 31, 2015.

Services provided through the Annual Implementation Plan are funded through a combination of Dutchess County funds, federal funds, state funds, and client contributions and cost share.

Service	*Units of Service*	*Clients Served*	*Expenditures*
Home Care	29225	365	$ 558,572
Adult Day Services	1139	9	$ 19,134
Case Management	6708	479	$ 424,947
Home Delivered Meals	111278	580	$ 968,156
Congregate Meals	39829	5024	$ 357,842
Nutrition Counseling	167	47	$ 2,125
Transportation	27324	494	$ 165,091
Legal Services	659.35	211	$ 38,243
Nutrition Education	21928	1019	$ 15,308
Information & Assistance	28232.1	12997	$ 394,038
Outreach	201	200	$ 25,170
In Home Contact & Support	1998	26	$ 13,154
Senior Center Recreation & Education	1450	4004	$ 103,788
Health Promotion	91052	1221	$ 29,276
PERS	3271	370	$ 64,010
Caregiver Services	1006.62	438	$ 29,774
Planning & Implementation and Other Services: Energy, Senior ID Cards, Overnight Respite, Grandparents' Respite, Minor Home Modifications, Farmers Market Coupons, Public Information	NA	NA	$ 280,524
Total Expenditures			$ 3,489,152

Client Profiles

Services provided by the Dutchess County Office for the Aging are targeted to those who are most vulnerable. The chart at below depicts some information regarding clients served between April 2014 and March 2015.

Demographics of Clients Receiving Non-Medicaid Community Based Long Term Care		
Target Group	% in clients served	% in Dutchess County 60+ population
Low Income	16.85%	13.28%
Age 75+	60.44%	42.83%
Age 85+	31.14%	9.76%
Frail/Disabled	53.70%	25.09%
Live Alone	50.26%	23.93%
Minority	17.73%	8.85%

Impact on the Lives of Seniors and Caregivers

Outcome and Client Satisfaction research conducted by the Office for the Aging has found that the services offered have a significant impact in assisting seniors to remain independent in the community and in relieving caregiver stress and burden. Clients express a high degree of satisfaction with services provided and have identified other outcomes as well.

2015 Iniatives and Accomplishments

The Office for the Aging had the following accomplishments during 2014-15:

- Over 13,000 unduplicated clients and caregivers provided with services ranging from information and assistance to case management, nutrition services, transportation, home care, respite, health promotion and legal services.
- "A Matter of Balance" Fall Prevention program initiated.
- Achieved superior outcomes and levels of client satisfaction in Transportation, Case Management, In Home, Intake, Legal, Nutrition Services, Senior Exercise and Mental Fitness programs.
- Long Term Care Resource Directory updated.
- Needs Assessment Surveys of senior citizens, caregivers and key informants tabulated.
- Conducted prescription drug take back program at all senior picnics.
- Additional outreach conducted to reach underserved populations.

2016-17 Planned Activities

The Office for the Aging plans the following initiatives for 2016-17:

- Maintain services to the growing population of seniors, frail elderly and caregivers in Dutchess County.
- Further outreach to underserved populations.
- Expansion of "A Matter of Balance" Program.

Marcus J. Molinaro
Dutchess County Executive

Mary Kaye Dolan
Director
Office for the Aging